

Independence Day, AKA the 4th of July, is my favorite holiday! Most of my family is spread across the country, so for as long as I can remember it has been tradition that for the long weekend we all get together at our cabin in northern Wisconsin! We typically spend our days on the boat, some tube and some partake in watersports, but overall we enjoy each other's company. We have quite a competitive bunch, so lots of games are played. Some of my favorites being kubb and corn hole! We have a lot of fun when we all get together, but my favorite part about the 4th always remains the same – FIREWORKS! I'm convinced they get better each year. To me, the 4th of July is a time of bringing loved ones together to reconnect and make new memories. I know I am not the only one who has some special 4th of July traditions, so come find me or give me a call.

I'd love to hear yours!

~Megan Mirwald, Assistant Executive Director



Don't forget the

RESIDENT REFERRAL PROGRAM.

For referring a new Resident to the Waterford Senior Community, receive a rent credit of \$500!

See Willie for details!

Answer for "Riddle me July"

Answer: 1074

(10 is the position of the letter J in the alphabet, 7 is the position of July in months, and 4 indicates the number of letters in July.)

Waterford's Leadership Team

- TROY BARRICK, EXECUTIVE DIRECTOR
- MEGAN MIRWALD, ASSISTANT EXECUTIVE DIRECTOR
- CRYSTAL LEROL, BUSINESS OFFICE MANAGER
- TOM HOMMES, DIRECTOR OF DINING
- RHONDA MAKELA, DIRECTOR OF NURSING
- ANNETTE WAINIO, DIRECTOR OF LIFE ENRICHMENT
- RANDY LANDIS, MEMORY CARE COMMUNITY MANAGER
- WILLIE RAINEY, COMMUNITY RELATIONS DIRECTOR
- SHANNON McMAHON, DIRECTOR OF RESIDENT RELATIONS -ESTATES



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Manor

- Jarl L 7/10
- Tom M 7/19
- Georgie P 7/19
- David A 7/24

Estates

- Albert B 7/05
- Helen R 7/06
- Jaime H 7/08
- Lucille C 7/11
- Marlene M 7/15
- Patricia C 7/20
- Jeanne C 7/27
- Barb A 7/29
- Dorothy W 7/30
- Janice Y 7/31

Townhomes

- Darlene W 7/05
- Linda S 7/18
- Gayle L 7/19
- David S 7/21
- Teresa H 7/22

Memory care

- Joann M 7/12
- Nancy F 7/28



JULY 2021

Waterford

A not-for-profit retirement community

Waterford Talk

Special Days in July

- Canada Day - July 1
- 2021 Halfway Point - July 2
- Independence Day (U.S.) - July 4
- Bastille Day (France) - July 14
- Full Moon (Buck Moon) - July 23
- International Day of Friendship - July 30

IT'S HOT OUTSIDE!

Just a friendly reminder, as the weather heats up, please remember to take precautions to prevent dehydration and heat fatigue. Here are a few helpful hints:

- Wear a hat to shade your face
- Wear sunglasses to protect your eyes
- Drink plenty of water
- Wear sunscreen
- Use bug spray
- Wear light colored clothing and long sleeves to protect your skin from the sun



Waterford Talk

Summer Olympics 2021

Still officially called the **Tokyo 2020 Olympic Games**, the summer Olympics are taking place from July 23 to Aug. 8, 2021, in Tokyo.

The opening ceremony is planned for Friday, July 23, in the evening, Tokyo time. Tokyo is 13 hours ahead of the Eastern time zone of the United States. The ceremony will begin at 7 am EDT.

NBC is airing its first ever live broadcast of an opening ceremony on Friday, July 23, from 6:55 am to 11 am EDT (that would be 5:55 am to 10 am CST).

NBC is home to the Olympics, so tune into your local NBC station for primetime coverage at 8 pm EDT (5 pm PDT). You can also watch the games on the streaming service Peacock, NBCOlympics.com and NBC Sports.

(<https://www.today.com/news/tokyo-olympics-schedule-t220617>)



Riddle Me July

If April = 145

If May = 1353

If June = 1064

If August = 186

If September = 1999

What is the code for July? (Answer on back page)

The bus is back in service!

Waterford residents may once again sign up with the front desk concierge for various scheduled outings, including Cub, Walmart, thrift stores, etc. Call the front desk at 763-316-4800 to sign up.

Be sure to check out the monthly activities calendar to see where and when we'll be heading out!

At this time, face masks must be worn over mouth and nose while on the bus.



BUS RULES

- **RESIDENTS MUST SIGN UP!** Decisions are based on the number of people signed up for an activity. If you are not signed up, we may decide to cancel. Anyone signed up will be notified of the cancellation. Also, if you are not signed up, you may not be allowed to board the bus at the last minute.
- **RESIDENTS MUST BE ON-TIME!** The calendar designates the time the bus will leave Waterford. The bus will leave close to that time. After shopping, you must be at the departure area at the assigned time. If you are not there, the bus will return to Waterford. The bus will return to pick you up. If you are still not ready, you will have to find your own ride home.



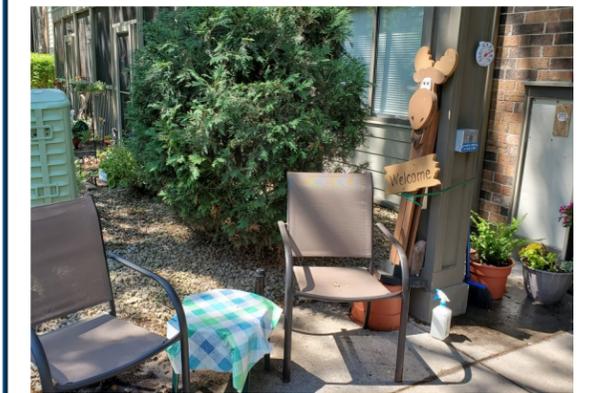
Waterford Talk

July History

- **July 2, 1881** - President James A. Garfield was shot and mortally wounded as he entered a railway station in Washington, D.C. He died on Sept 19th.
- **July 6, 1885** - Louis Pasteur gave the first successful anti-rabies inoculation to a boy who had been bitten by an infected dog.
- **July 10, 1973** - The Bahamas gained their independence after 250 years as a British Crown Colony.
- **July 15, 1606** - Dutch painter Rembrandt van Rijn (1606-1669) was born in Leiden, Holland. Best known for *The Night Watch* and many portraits and self portraits.
- **July 16, 1969** - The Apollo 11 Lunar landing mission began with a liftoff from Kennedy Space Center at 9:37 a.m.
- **July 23, 1952** - Egyptian army officers launched a revolution changing Egypt from a monarchy to a republic.
- **July 25, 1909** - The world's first international overseas airplane flight was achieved by Louis Bleriot in a small monoplane. After asking, "Where is England?" he took off from France and landed in England near Dover, where he was greeted by British police.
- **July 27, 1953** - The Korean War ended with the signing of an armistice by U.S. and North Korean delegates at Panmunjom, Korea. The war had lasted just over three years.
- **July 31, 1790** - The U.S. Patent Office first opened its doors. The first U.S. patent was issued to Samuel Hopkins of Vermont for a new method of making pearlsh and potash. The patent was signed by George Washington and Thomas Jefferson.

Teamwork makes the Dream Work

Have you visited Door 2 at the Estates? Residents have decorated the outdoor area with a table, chairs, and plants. By working together, residents have created a beautiful view for neighbors and guests to enjoy.



Baby duckies were born on May 16th in the Estates court yard.

Their names are: Waters, Ford, Indy, Penny, Ant, Live, Bing, Ryan

