

Happy Father's Day to all dads! Father's Day this year will have wonderful weather so that every father is able to celebrate Father's day in person with their family and not virtual, like we had to do last year! I am very thankful we can see our families in person this year and that there is a light at the end of the tunnel regarding the Covid – 19 pandemic!

Troy Barrick, Executive Director

"You can tell what was the best year of your father's life, because they seem to freeze that clothing style and ride it out." —Jerry Seinfeld

Game-Set-Match

The Wimbledon Championship is the oldest tennis tournament in the world. The first match was played in 1877. The prestigious competition is held every June at the All England Club in Wimbledon, England. The tournament champs bring home almost \$3 million each in prize money.



Don't forget the

RESIDENT REFERRAL PROGRAM.

For referring a new Resident to the Waterford Senior Community, receive a rent credit of \$500!

See Willie for details!

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Waterford's Leadership Team

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Manor

Doris R 6/11
Bonnie D 6/18
Kenny D 6/20
Lacy G 6/20
Lee H 6/25
Tom S 6/30

Estates

Connie W 6/03
Michael J 6/06
Keresia S 6/07
Melvin H 6/07
Arie M 6/09
Janet R 6/11
Allan F 6/15
Cynthia B 6/15
Maree B 6/16
Sandra B 6/17
Judy E 6/18
Lauren C 6/18
Joe R 6/21
Michael R 6/21
Ladess T 6/26

Townhomes

Ken L 6/01
Billie Mae B 6/05

Memory Care

Charlotte M 6/03
Norris S 6/19



JUNE 2021

Waterford
A not-for-profit retirement community

Waterford Talk

June 20, 2021



JUNE

June is the month with the longest daylight hours of the year in the northern hemisphere and the shortest daylight hours of the year in the southern hemisphere. It is the first month of winter in the southern hemisphere and the first month of summer in the northern hemisphere.

National Nursing Assistants' Week

June 17-24

There is always a group of people that makes sure the world keeps spinning 'round. Those people are Nursing Assistants. Without our CNAs, we would never be able to function at the level of care that we do for our residents. That is why we recognize the incredible women and men who work so hard and still remain so compassionate to the residents every day.

Waterford sends a special word of thanks to our professional CNAs, who keep residents active and comfortable all year round. From assisting with fun activities, to helping the residents get to dinner, to assisting with basic, every day needs, our CNAs are about as close to superheroes as you'll find in real life. Be sure to show them some love, appreciation, and thanks because they definitely deserve every bit of it!

Thank you on National Nursing Assistants' Week for everything you do!



Waterford Talk



June Guinness Book Records

- 55' 9" (66.99 m) – Highest throw of a playing card, set June 1, 2014, in India
- 346 – Longest unicycle chain with arms linked, set June 22, 2013, in Germany
- 7,539 – Most pizzas made in 24 hours by a team, achieved by Domino's Pizza, in Australia on June 17, 2012

"Some old-fashioned things like fresh air and sunshine are hard to beat."

~ Laura Ingalls Wilder

June Birthstone—Pearl

The pearl is the birthstone for the month of June, although it isn't really a stone. Pearls are made from an organic substance called nacre (pronounced NAYker) that is created by mollusks such as clams and oysters. A pearl's color is determined by the type of mollusk and the water where the mollusk lives. Pearls are often lustrous white but can be tinged with pink, peach, green, lavender, and gold. Some are even silvery black. Pearls are the traditional gift for a 30th wedding anniversary and for new brides.



Waterford Talk

STAFF SPOTLIGHT

Meet Tom Hommes, our Director of Dining for nearly 6 months now!

Tom grew up in the Twin Cities. He currently lives in Brooklyn Park with his wife, Kerry. They have been married for over 31 years and have two grown children with whom they are very close. Tom attended the Culinary Institute of America N.Y. for his continued education. Tom has been a chef for most of his adult life, including general manager, managing partner, and director of food and beverages over 10 restaurants.

In his free time, Tom enjoys biking, golf, pickle ball and curling. He and his wife have been in a Curling league for the past 5 years (pre-pandemic). Tom looks forward to the day when he can meet all of our wonderful Waterford residents!



Welcome

Best Friends Day

June 8

This is a day to honor that one special person you call your "best friend". This day is a time to show them how much you appreciate them, how special and important they are to you and how you cherish their friendship.

Everyone has that one close friend, the one that you can count on to be there for you, the one you want to share your secrets with, the one you want to do fun things with, the one you want to just hang out with, that one person is your best friend.

Celebrate National Best Friends Day by letting your best friends know how much they mean to you! Give your best friend a phone call. If your best friend is no longer with us, take a moment to recall the happy memories.



June for the Record

June moon phases—Catch the last quarter (half) moon on June 2, followed by the new moon on June 10; the first quarter moon (the other half) appears June 18. See the full moon on June 24. For those who follow astrology, the full moon is a time when feelings intensify and conflicts may come to light.

In the olden days of June—In June 1901, the average annual income was \$1,009. A gallon of milk cost \$0.27, and a loaf of bread would set you back \$0.03.

June firsts for baseball—The month of June marks the first recorded baseball game, played on June 19, 1846. Thirty-seven years later, the first baseball game to be played under lights occurred June 2, 1883, followed 14 days later by the first "Ladies' Day" baseball game—with free entry for women to cheer in the stands. Nearly a century later, on June 11, 1974, the Little League changed its rules to allow teams of girls on the baseball field.

