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EMERGENCY NUMBERS

After Hours Home Care
612.385.0693

After Hours Maintenance
612.499.3306

Erin Maciej Interim Healthcare
651.703.8078

Patty Tradition Hairstyles
651.829.5289

Happy Feet Foot Care
763.560.5136

Big Shout Out to Earl Larsen and Jesse Meddock for getting our vegetable and flower gardens ready for summer! The guys have also started getting our Garden Tower going. In about three weeks we should have lettuce and a few other edible plants growing.

Happy Birthday!

Ruthy Londer 6/1
Leona Duemke 6/1
Karen Huebschen 6/2
Vicky Jacobson..... 6/2
Anna Minks 6/4
Arleen Carter..... 6/4
Jerry Olson 6/24
Betty Nobbe..... 6/25
Earl Larsen..... 6/28
Jan Christofferson 6/30
Marlene Emery 6/30



Help us Celebrate Staff Birthdays!

Shania Gregory, Concierge, June 15

A warm welcome home to our newest friend & neighbors

Diane Blexruide #344
Dee Theien #206
Helen Jacobsen #234



We would like to say good-bye and good luck to the following residents

Ruthy Londer Gloria Nyland



Thursday, June 10

11:00 am – 3:00 pm
in front of Tradition
Music, fun and giveaways!

Sumo Egg Rolls and
Hometown Creamery
So bring a few bucks
and enjoy!



Tradition Times



8500 Tessman Farm Road N
Brooklyn Park, MN 55445

Independent & Assisted Living

June 2021

Dear Residents,

Time is flying by! How is it already almost June? As many of you have realized by my baby bump, I am expecting. I am due at the very beginning of August and am having a girl. Her name is going to be Harper! She will be completing our family, as I have a 16 month old boy, named Winston. As I have shared with some of you, he is starting the “terrible twos” early... I have all sorts of funny stories and pictures I could share with you about the trouble he gets himself into! Anyways — enough about me; I want to take a moment to remind you of a few items.

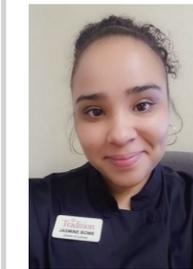
1. Facemasks. Although the CDC and Governor Walz declared that if you have been vaccinated, you do not need to wear a facemask, we still need to in our community. We have to follow Minnesota Department of Health guidance for Assisted Living facilities. When this changes, I promise that I will notify you immediately. I do understand you are all very eager to get rid of the facemasks but for now, please comply with wearing them when you are in our community.
2. If you have any grievances/questions/concerns regarding Nursing Services, please see Dana our Director of Health Services (Nursing Office). If it is something non-nursing related, please see me and I would be happy to discuss with you and come to a resolution.
3. If you have not yet received the COVID-19 vaccination but would like to, please see Dana, our Director of Health Services and we will get this scheduled for you.
4. Resident Council is collecting donations for their Holiday Fund! This money goes towards giftcards/gifts that they give to staff members as a “thank you” for their hard work throughout the year. Please see a Resident Council member or myself if you'd like to donate.

Thank you,
Sarah Coil,
Executive Director



Employee Highlight

Please help us in congratulating Jasmine Bowe, Culinary Director on 12 years at Tradition!



From Jasmine... “I was hired for my first job at Tradition in May of 2009 at the age of 16. I quickly realized I loved working with seniors and being able to help them. As the years passed I progressed my way through the department slowly getting promotions and small awards. Looking back, I never imagined I would still be working at the place I love and in the position I am in running the department. As a server I never knew it was possible to be a Culinary Director, but I had a great supervisor who showed me everything there is. He believed in me and continued to train me and work with me. Throughout my twenties I continued my college education studying Business Administration. Throughout college I struggled knowing what I wanted to do as a career. I changed my major almost 10 times. Who knew I was doing exactly what I was supposed to do be doing. I never gave up on school or Tradition. I went on to graduating in the Spring of 2018 while working full time. I realized at a young age, seniors need so much love from us. Whether it was digging through a garbage can for a hearing aid (just for him to find it in his pocket) or just being someone to still make sure they feel important and valued; I wanted to be here to see the mission through.

‘Is there anything else I can do for you’, goes such a long way. I instill this in my staff every day. Some people job search for years trying to find job happiness. I feel very blessed that I found mine at a young age. Tradition has a heart of gold and that’s what makes this place special and we all play a part.”



Happy Summer!

June Upcoming Events

- **Rib Night** is **Friday June 18**. Please be sure to sign up!
- **Father's Day** is **Sunday June 20**. There will be one seating at 12:00 pm. Pickups will be at 12:45 pm. Please be sure to sign up. If seating reaches capacity the hosts will have you: wait to be seated, call you when a table is ready for you or you can take your meal to go. **Sorry, but we are not allowing guests to dine in right now but they can still pick it up or have it delivered to your home. Sorry for any inconvenience. Guest price for Holidays is \$15.00**

Friendly Reminders:

- We want to thank you for being patient with the servers as they get back in the groove of serving tables. We are working around the clock to smooth out the operations and get our staff trained so they can provide you with the excellent service you deserve.
- If you have time restrictions on how long you can eat in the dining room, we ask you to please take your meal to go because right now we cannot promise to have you out of the dining room any sooner than time allows.
- Thank you for complying with the mask mandate and wearing your mask to and from your table.
- If you want your meal delivered or pick up, please write that by your name in the sign up book so we can act accordingly and have it ready for you. If you just sign up

with your name and room number, the kitchen assumes you are dining in for that meal so please make sure you clarify when you sign up and write it down. We have a lot of residents who actually want their meal as a pickup but are not writing it. This causes you to wait longer for your meal because the kitchen had not prepared it. Also this effects the seating count in the dining room because the kitchen staff sets up the dining room based on the reservation sheets.

- Bistro orders for pickup and delivery need to be placed in advance. You can either write it in the sign up book in the "notes" column or you can call the kitchen and provide your request. Please remember to write pickup or delivery if you are not dining in. If you come down for pickup but want a special that you did not sign up for, that is okay we can prepare it for you then, you will just have to wait until food is ready.
- If dining in, servers will need to move your walkers out of walkways so they can safely serve you. Whenever you are ready to leave for any reason please wave down a team member and we will be sure to bring it to you right away. Please remember to have your walker labeled with your name and apartment number so no one takes the wrong walker home.

Thank you for your continuous support of the Dining Department. Any questions, comments or concerns feel free to call Jasmine or Shean 763.416.7740 ext: 212



Employee of the Month

We would love your feedback on who we should nominate as Employee of the Month! Located at the Concierge Desk, you will find comment cards and a comment box. Please provide your feedback each month on an employee that you feel is deserving, goes above and beyond, provides you with exceptional customer service, etc. We appreciate your assistance in nominating an employee so we can celebrate the great work that they do!



Thank You!

Big Thank You to the family of Barbara Erickson. The Activities Department has received over \$400 in memorials. Barbara loved activities and having fun!

Big Thank You to those who helped move the store to its new spot on the second floor. Especially to Jon for putting in cupboards and painting. Donna, Sarah and Judy for moving everything.

A Big Shout Out to Judy Burton who organized and decorated the store to look so beautiful. If you haven't already seen the store in its new location, go check it out!

Iris Singer



April 17, 1929 in Chicago, Illinois, baby Iris appears! I was a lonely only child for nine years until my sister arrived.

My mom and I went to England when I was five. She planned to stay a year but then the black fog set in and we came home after 4½ months.

In 1943, because of my sisters health, we moved to Venice, California. We lived a ½ block from the ocean, which was beautiful but scary. Wartime destroyers lined the horizon and lights were blacked out.

My parents went to work at the ship yards 5:00 am – 6:00 pm. I'm 14, alone, no friends and in charge of everything. After six months I met a girl who took me to a BBG meeting within six months I was elected President. A2A was the boys counterpart and Bernie Sacknovitz was elected President. We had a joint installation and we started dating. Four years later at 19 we were married. 3½ years later Bernie comes home from work and says he's been accepted to law school at Loyola University, nights for four years.

Our first daughter is born, 1½ years later our son is born. Six years, both kids in school, husband a successful and my second daughter is born. Now I have time to play with my baby doll. She and her family live here and she has been a blessing.

In 1970 we bought a business because my brother in-law needed a job. It was the only retail business in the California Apparel Mart. People from all around



came to order clothes for their stores. One time the show "Starsky and Hutch" was shot in our shop, fun!

We had three beautiful, very smart children. Gorgeous home, wonderful cars and everything I every dreamed of as a poor child growing up in Chicago. We were married 25 years. It was very hard being married to an alcoholic, womanizer, and at the point of suicide (I couldn't do that to my kids) I decided to go into therapy until I could get a divorce. I was single for 12 years and loved it. I traveled alone to Hawaii, Israel, England and Alaska. Many experiences, good and bad.

I said I would never marry again and all of a sudden I'm going to marry David Singer in three months on New Year's Eve. He was a caring, kind man. He loved my children so three years later we moved to Modesto, California to be grandparents. David was an Interior Designer so he went first and I packed up and came later. Things did not go well. April 17, 1998 I woke up and found David dead. I stayed in Modesto for 18 years then decided I wanted to be near my daughter and her family. I also have a son in San Diego but he has no family. I consider myself very fortunate and grateful to be living here. Everyone is so kind and my family is sooooo special!

Blood Pressure and Weight Clinic

Come to the Nursing Office on June 2, 16 and 30 from 10am – 11am. Nursing staff will check your blood pressure and your weight. Also, Erin from Interim will be here on June 3 from 1pm – 2pm in the Library checking blood pressure.

Podiatry

Podiatry Clinic will be Tuesday June 8 in the Beauty Salon. If you have seen the Podiatrist in the past you will get a door hanger with your appointment time on your door the week of June 1. If you haven't signed up and would like to, please see Tracy for an intake form.

Recycle Dos and Don'ts

DO bag any and all shredded paper. It likes to fly away when it's dumped into the big recycle bins outside. **DO NOT** put adult briefs in the recycle bins. **DO NOT** put styrofoam in recycle bin. **DO** wash any and all food containers before you put in recycle.

Ye Olde General Store now located on SECOND FLOOR.

If you are facing the entrance to the dining room, you will go left down the hallway past the elevator!

