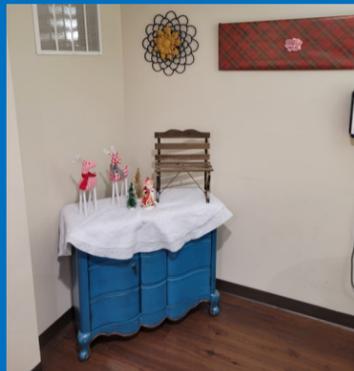


Here are a few pics of our decorated Memory Care for the holidays. The residents helped with every bit of the decorating and did a wonderful job!



### January Birthstone: Garnet

Some believe that garnets are a protective stone, shielding the wearer from injury. This made them particularly popular amongst warriors and royalty. Occasionally associated with life-giving blood, red-variety garnets are also connected to vitality, love and light.



November Birthdays  
In Memory Care:  
Iris  
Susan



### Contact Us WATERFORD

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### Waterford's Leadership Team

RANDY LANDIS - MEMORY CARE COMMUNITY MANAGER  
CRYSTAL LEROL - BUSINESS OFFICE MANAGER  
RHONDA MAKELA - DIRECTOR OF NURSING  
SHANNON McMAHON - DIRECTOR OF RESIDENT RELATIONS—ESTATES  
WILLIE RAINEY - COMMUNITY RELATIONS DIRECTOR  
SCOTT RICE - EXECUTIVE DIRECTOR  
ANNETTE WAINIO - DIRECTOR OF LIFE ENRICHMENT

# Waterford

A not-for-profit retirement community

## January

## Memory Care



### Monthly Quote:

“Year’s end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us.”  
- Hal Borland



### Quadrantids Meteor Shower: January 2nd

Northeast, After Midnight



The stars are aligning for the 2022 Quadrantid meteor shower; or, more accurately, a new moon aligns with the peak of meteor activity. The Quadrantid meteor shower peaks overnight from January 2 to January 3. The new moon (a micromoon) is also on January 2, so it will rise and set with the sun and be absent from the night sky. The Quadrantids can produce some 50-100 meteors in a dark sky. This annual meteor shower is known for its bright fireballs. The drawback of the shower is that their peak of activity is extremely narrow, lasting only a few hours. To see the Quadrantids at their best, you have to be on the right part of Earth. Preferably with the radiant high in your sky and under cloud-free skies. This shower favors the Northern Hemisphere because its radiant is so far north on the sky's