

SEPTEMBER 2022 PROGRAMS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CR = Community Room AP = Activity Parlor L = Library DR = Dining Room 1st = Lobby/1st Floor 2nd = 2nd Floor PL = Parking Lot</p>	<p>Check the back side of this calendar to see more details about the <u>bolded</u> programs!</p>			<p>1 10 Exercise Class (CR) 10 Dan's Bible Study (L) 11 Trivia (CR) 2 Resident Meeting (DR) 3 Bingo (CR) (\$2)</p>	<p>2 10 Nancy's Paint Class (CR) 10 Walking Club (1st) 11 Catholic Mass (CR) 1 Advanced Farkle w/ Val (AP) 1-3 State Fair Social w/ CODA Performance (PL) 1:30 Reminisce (L)</p>	<p>3 10 Rosary w/ Ilene (L) 10 Farkle w/ Val (AP) 1:30 Bingo (CR) (\$2) 2:30 Skipbo (CR)</p>
<p>4 10 Church (CR) 2 Scrabble & other games (CR)</p>	<p>5 Labor Day 10 Walking Club (1st) *Allison gone*</p>	<p>6 9:15 Shopping Bus (sign-up) 10 Exercise Class (CR) 11 Trivia (CR) 1 Intro to Bridge w/Fern (CR) 2 Bingo (CR) (\$2)</p>	<p>7 1 Bridge (2nd) 1 Catholic Communion (L) 2 Scrabble & other games (CR) 3 Chair Yoga (CR)</p>	<p>8 10 Exercise Class (CR) 10 Dan's Bible Study (L) 11 Trivia (CR) 2 Resident Meeting (DR) 3 Card Bingo (CR) (\$2)</p>	<p>9 10 Nancy's Bible Study (CR) 10 Walking Club (1st) 1 Goodnight Stories w/Val (AP) 1:30 Reminisce (L) 3 Social (CR)</p>	<p>10 10 Rosary w/ Ilene (L) 10 Farkle w/ Val (AP) 1:30 Bingo (CR) \$2 2:30 Skipbo (CR)</p>
<p>11 Grandparent's Day 1 Grandparent's Day Social with Girl Scouts (CR) 2 Scrabble & other games (CR)</p>	<p>12 Chocolate Milkshake Day 10 Walking Club (1st) 11 Weekly Check-in (CR) 1 Centerpiece Making for our Dining Room (CR) 3 Celebrate Chocolate Milkshake Day (AP)</p>	<p>13 10 Exercise Class (CR) 11 Blood Pressure & Balance Clinic (CR) 11 Trivia (AP) 2 Bingo (CR) (\$2) 3 Armchair Travel – New Zealand (CR)</p>	<p>14 9:15 Shopping Bus (sign-up) 1 Bridge (2nd) 1 Catholic Communion (L) 2-4 Farmers Market (sign-up) 2 Scrabble & other games (CR) 3 Chair Yoga (CR)</p>	<p>15 10 Exercise Class (AP) 10 Dan's Bible Study (L) 11 Trivia (CR) 2 Resident Meeting (DR) 3 Bingo (CR) (\$2) 4-6 Eidem Farm Happy Hour (\$10) (sign-up)</p>	<p>16 National Guacamole Day 9-2 Massages (L) (sign-up) 10 Nancy's Bible Study (CR) 10 Walking Club (1st) 1 Advanced Farkle w/ Val (AP) 1:30 Reminisce (L) 3 Social (CR)</p>	<p>17 10 Rosary w/ Ilene (L) 10 Farkle w/ Val (AP) 1:30 Bingo (CR) (\$2) 2:30 Skipbo (CR)</p>
<p>18 10 Church (CR) 2 Scrabble & other games (CR)</p>	<p>19 10 Walking Club (1st) 11 Weekly Check-in (CR) 10:40-1 Learn to Crochet (sign-up) 1 Centerpiece Making for our Dining Room (AP) 2 Movie & Popcorn (CR)</p>	<p>20 10 Exercise Class (CR) 10:40 Restaurant Outing: Olive Garden (sign-up) 11 Trivia (CR) 1 Decorate for Fall (CR) 2 Bingo (CR) (\$2)</p>	<p>21 9:15 Shopping Bus (sign-up) 1 Bridge (2nd) 1 Catholic Communion (L) 2 Scrabble & other games (CR) 3 LueMelit Light Switches (CR)</p>	<p>22 First Day of Autumn 10 Exercise Class (CR) 10 Dan's Bible Study (L) 11 Trivia (CR) 2 Resident Meeting (DR) 3 Card Bingo (CR) (\$2)</p>	<p>23 10 Nancy's Bible Study (CR) 10 Walking Club (1st) 1 Goodnight Stories w/Val (AP) 1:30 Reminisce (L) 3 Social (CR)</p>	<p>24 10 Rosary w/ Ilene (L) 10 Farkle w/ Val (AP) 1:30 Bingo (CR) (\$2) 2:30 Skipbo (CR)</p>
<p>25 2 Scrabble & other games (CR)</p>	<p>26 10 Walking Club (1st) 11 Weekly Check-in (CR) 10:40-1 Learn to Crochet (sign-up) 1 Nail Painting (CR) 2 Medicare 101 (DR)</p>	<p>27 10 Exercise Class (CR) 11 Trivia (CR) 2 Bingo (CR) (\$2) 3 Men's Event (CR)</p>	<p>28 9:15 Shopping Bus (sign-up) 1 Bridge (2nd) 1 Catholic Communion (L) 2 Scrabble & other games (CR) 3 Chair Yoga (CR)</p>	<p>29 National Coffee Day 10 Exercise Class (CR) 10 Dan's Bible Study (L) 11 Trivia (CR) 1-2:30 Active Shooter Training (DR) 3 Bingo (CR) (\$2)</p>	<p>30 10 Nancy's Bible Study (CR) 10 Walking Club (1st) 1 Advanced Farkle w/ Val (AP) 1:30 Reminisce (L) 2 Resident Meeting (DR) 3 Birthday Social (CR)</p>	

SEPTEMBER 2022 PROGRAMS

Weekly Resident Meetings – Dining Room @ 2:00

All residents are encouraged to join, this is a good time to ask questions & hear the latest building updates.

1st Thursday = Resident Council & Life Enrichment Director

2nd Thursday = Executive Director

3rd Thursday = Culinary Director

4th Thursday = Nursing Department

Grandparent's Day Social

Sunday, September 11th – CR @ 1:00pm

Come celebrate Grandparent's Day with us! In honor of Grandparent's Day, Girl Scout Troops #18788 & #17774 will be coming to decorate picture frames with us! Please bring a 4x6 photo of your family. Snacks and time to chat will follow.

Restaurant Outing: Olive Garden

Tuesday, September 20th @ 10:40

Welcome to Olive Garden Italian Restaurants. Come enjoy family style dining and fresh Italian food at our local restaurants. Please sign up in the Community Room!

Medicare 101

Monday, September 26th – DR @ 2:00

Margaret Wallace is an independent insurance broker and licensed social worker specializing in senior insurance products. Margaret has been an advocate for seniors for over 30 years. This educational presentation is designed to give an overview of the Medicare program.

State Fair Social

Friday, September 2nd – PL @ 1:00-3:00

Come join us in the front parking lot as we enjoy yard games, delicious fair foods, and beer! CODA Jazz Duo will be performing.

Chocolate Milkshake Day

Monday, September 12th – AP @ 3:00pm

Come celebrate Chocolate Milkshake Day! Allison will be sharing some interesting Milkshake Trivia and then will be making chocolate milkshakes for all to enjoy.



LueMelit Light Switches

Wednesday, September 21st – CR @ 3:00

Now you can purchase a light switch that allows you to personalize your home or business, with images. Each switch comes with basic images, such as rooms and the letter of rooms (\$\$).

Active Shooter Training

Thursday, September 29th – DR @ 1-2:30

Andy Otero of AO Investigations will be coming to do an Active Shooter Training for Tradition. All residents and their families are invited to join us!

Brooklyn Park Farmers Market

Wednesday, September 14th @ 2:00-4:00

The farmers market promotes and supports healthy living, local agriculture, and community interaction all in an upbeat, welcoming atmosphere. Sign up in the community room!

Eidem Farm Happy Hour

Thursday, September 15th @ 4:00-6:00

Enjoy an outdoor evening with a cold beer, yard games and acoustic music. Pick up a bite to eat from the food truck or just grab a drink and hang out — admission (\$10) includes one beverage. Sign up in the CR!

Learn to Crochet – Hennepin County Library

September 19, 26, October 3, 10 @ 10:40-1

This introductory class will teach you basic crochet stitches and their chart symbols. We will complete a simple dishcloth, but the stitches learned will provide the foundation for future projects. Crochet hook, yarn and patterns will be provided. Spaces are limited, so please sign up in the community room *early* and ONLY if you are able to attend all 4 classes.

Questions?

Contact Director of Life Enrichment, Allison Tang
763-416-7740 x201 or 763-306-3548
atang@traditionliving.org
Office is located on 1st floor in the Community Room